

**VAC-2403**

**MENTAL HEALTH  
AWARENESS**

  
**MALLA REDDY**  
**DENTAL COLLEGE FOR WOMEN**

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi, Suraram 'X' Road,  
Quthbullapur (M), Jeedimetla, Hyderabad -500055, [www.mrdcw.edu.in](http://www.mrdcw.edu.in)

# CRITERIA 1

## VALUE ADDED COURSE

### MENTAL HEALTH AWARENESS PROGRAM

**COURSE CODE: ADC-2403**



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Date: 19-4-2024

Hyderabad

To

The Principal/ Dean,

Malla Reddy Dental College for Women,

Suraram.

Sub: Requesting Permission to conduct Value Added Course (VAC) for PG MDS students.

Respected Sir,

The Dental Education Unit (DEU) of MRDCW, would like to organize the Value-Added course on "MENTAL HEALTH AWARENESS PROGRAM" for PG students from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024. In this regard, kindly grant us permission for the same and support the event with necessary resources.

Thanking You,

Yours faithfully,

  
Dr. P V Ravindranath Reddy

DEU CO- ORDINATOR

Professor & Head

Department of Pedodontics and Preventive Dentistry

Malla Reddy Dental College for Women

  
Principal / Dean  
Malla Reddy Dental College for Women





Ref: MRDCW/Circular/VAC/2024/Apr-01

Date: 21-4-2024

## Circular

The PG students of MDS are hereby informed to attend the **Value-added course "MENTAL HEALTH AWARENESS PROFGRAM"** from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024. The concerned subject HODs are hereby requested to give permission to the students for attending the same.

Resource person – Ms. S. Vanaja Ravi, MA (Psychology)

Venue - Lecture hall-3, MRDCW

Date - 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024.

Time- 9.00 AM – 4.00 PM



Principal/Dean,

Malla Reddy Dental College for Women

Copy to:

- Students notice board
- All Department HODs
- Curriculum Committee
- All Academic Coordinators
- PA to Principal for filing



Principal / Dean  
Malla Reddy Dental College for Women

  
**MALLA REDDY**  
**DENTAL COLLEGE FOR WOMEN**  
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**WELCOMES ALL**



Date: 22-4-24 to 24-4-24  
Venue: Lecture hall-3, MRDCW  
Resource Person: Ms. S. Vanaja Ravi, MA Psychology,  
Thatasthu Consultants, Hyderabad

## COURSE SYLLABUS

### MENTAL HEALTH AWARENESS PROGRAM

#### COURSE OBJECTIVES:

##### General objective:

It offers a holistic approach to mental well-being, addressing diverse mental health issues and their successful management, accompanied by practical tips to incorporate into daily routines.

##### Specific objectives:

- To learn about the importance of mental health, emotional regulation n and mental well being
- The workshop was focused on stress management and enables students to recognize signs and symptoms of mental health challenges, both in oneself and others.
- Encouraged participants to seek professional help when facing mental health issues
- Q/A Session facilitated open dialogue, allowing students to ask questions and share personal experiences

MODULES	SYLLABUS
<b>MODULE 1:</b>	Introduction to Mental Health & Emotional well-being  Types of mental health issues in present scenario  Awareness & Support for Mental health
<b>MODULE 2:</b>	Importance of sharing mental health issues  Open conversation- Let's talk about it  Sharing reduces Mental burden

  
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<b>MODULE 3:</b>	Stress management techniques  Mindfulness meditation  Additional resources  Further learning and support groups
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**Outcome:**

Mental health awareness programme provided not only valuable insights of mental health issues but also fostered an environment of awareness and support for mental health, contributing to the overall development and welfare of the students.

*Blue*

Principal / Dean  
Malla Reddy Dental College for Women



**MENTAL HEALTH AWARENESS PROGRAM**

<b>DAY-1 (22-4-24)</b>		
<b>Session</b>	<b>Time</b>	<b>Name of the Topic</b>
Session 1	9:00am-11:30am	Types of mental health issues
	11.30-11.45am	BREAK
Session 2	11.45-1pm	Etiology and risk factors
	1-1.30pm	LUNCH BREAK
Session 3	1.30-2.30pm	Recognize signs & symptoms of mental health adversities
Session 4	2.30-4pm	How to reach out for help

<b>DAY-2 (23-4-24)</b>		
<b>Session</b>	<b>Time</b>	<b>Name of the Topic</b>
Session 5	9:00am-11:30am	Management of mental health challenges How to tackle suicidal tendencies
	11.30-11.45am	BREAK

  
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Session 6	11.45-1pm	Problem solving strategies Stress management tools
	1-1.30pm	LUNCH BREAK
Session 7	1.30-4pm	Importance of peers support at workplace

**DAY-3 (24-4-24)**

Session	Time	Name of the Topic
Session 8	9:00am-11:30am	Personalized self-care routine Cope-up techniques
	11.30-11.45am	BREAK
Session 9	11.45-1pm	Practice session for Mindfulness
	1-1.30pm	LUNCH BREAK
Session 10	1.30-4pm	Interaction Q/A Session Feedback



  
 Principal / Dean  
 Malla Reddy Dental College for Women

Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad - 500 055.

Phone : 91001 89797

Email : mrdcw2013@gmail.com      www.mrdcw.edu.in

## REPORT OF THE EVENT

Date: 26-4-24

### **MENTAL HEALTH AWARENESS PROGRAM:**

It is a social awareness program aims to reduce the stigma around mental health and improve understanding of mental illness by encouraging early intervention and care.

### **COURSE OBJECTIVES:**

#### General objective:

It offers a holistic approach to mental well-being, addressing diverse mental health issues and their successful management, accompanied by practical tips to incorporate into daily routines.

#### Specific objectives:

- To learn about the importance of mental health, emotional regulation and mental well being
- The workshop was focused on stress management and enables students to recognize signs and symptoms of mental health challenges, both in oneself and others.
- Encouraged participants to seek professional help when facing mental health issues
- Q/A Session facilitated open dialogue, allowing students to ask questions and share personal experiences

### **Outcome:**

Mental health awareness programme provided not only valuable insights of mental health issues but also fostered an environment of awareness and support for mental health, contributing to the overall development and welfare of the students.

**RESOURCE PERSON:** Ms. S. Vanaja Ravi, MA Psychology, Thatasthu consultants, Hyderabad.

**VENUE:** Lecture hall-3, MRDCW

**DATE:** 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

**NUMBER OF PARTICIPANTS:** 51, MDS Post Graduate Students

**DURATION:** 15 hrs



*Bue*

Principal / Dean  
Malla Reddy Dental College for Women

Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad - 500 055.

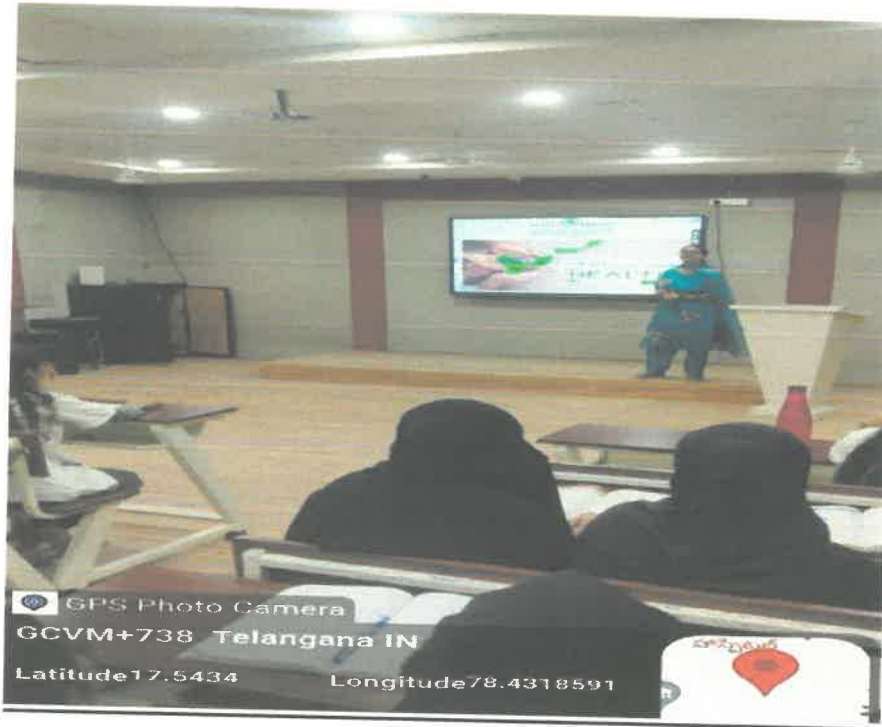
Phone : 91001 89797

Email : mrdcw2013@gmail.com

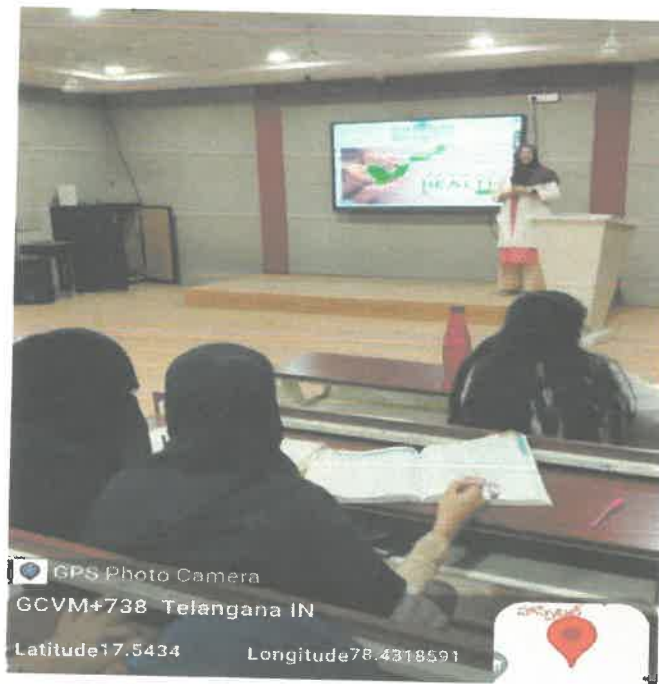
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**Glimpse of the course**



**Mental health Awareness Program Guest lecture**



**Students sharing personal experiences- Activity Session**

*Bue*  
Principal / Dean  
Malla Reddy Dental College

*G. Santosh*  
VAC Coordinator



<b>MENTAL HEALTH AWARENESS</b>	
<b>Course Code : VAC-2403</b>	<b>Year : PG Students</b>
<b>Date : 22nd to 24th April 2024</b>	<b>Total students Enrolled : 51</b>
<b>Venue : Lecture hall-3, MRDCW</b>	
<b>Time : 9:00 am - 4:00 pm</b>	

**Attendance sheet for VAC : MENTAL HEALTH AWARENESS**

SNO	REGISTRATION NO	NAME OF THE STUDENT	22-4-24		23-4-24		24-4-24	
			FN	AN	FN	AN	FN	AN
1		GUDURI SUBRAMANYA SUSITA	P	P	P	P	P	P
2		S SRIJA MILI	P	P	P	P	P	P
3		K MALLIKA YADAV	P	P	P	P	P	P

4	JAMMALAMADAKA SRI SAI MAYUKHA	P	P	P	P	P	P	P	P
5	TASLEEM BEGUM	P	P	P	P	P	P	P	P
6	SHAIK AYESHA FATIMA	P	P	P	P	P	P	P	P
7	SURAGANI VENU MADHAVI	P	P	P	P	P	P	P	P
8	BASAWANA RUCHIKA	P	P	P	P	P	P	P	P
9	RAYAPROLU NEEHARIKA	P	P	P	P	P	P	P	P
10	R. TEJESHWARI THAKUR	P	P	P	P	P	P	P	P
11	K AMULYA REDDY	A	A	A	A	A	A	A	A
12	E SRI VYSHNAVI	P	P	P	P	P	P	P	P
13	KAVATI MAMATHA	P	P	P	P	P	P	P	P
14	R ALANKRITA	P	P	P	P	P	P	P	P
15	THALLA BHANU SAMYKYA	P	P	P	P	P	P	P	P
16	SCLARA GEORGINA	P	P	P	P	P	P	P	P
17	METTU AKANKSHA	P	P	P	P	P	P	P	P
18	GUNNAM SAI NESHITHA	P	P	P	P	P	P	P	P

22206111001






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49	21203111001	EMMADI MOUNIKA	P	P	P	P	P	P	P
50	21203111002	MATAM SOWMYA	P	P	P	P	P	P	P
51	21203111003	PILLI BHAVANA	P	P	P	P	P	P	P

  
**VAC Coordinator**

  
**Principal/Dean**

Principal / Dean  
 Malla Reddy Dental College for Women





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<b>MENTAL HEALTH AWARENESS</b>	
<b>Course Code : VAC-2403</b>	<b>Year : PG Students</b>
<b>Date : 22nd to 24th April 2024</b>	<b>Total students Enrolled : 51</b>
<b>Venue : Lecture hall-3, MRDCW</b>	
<b>Time : 9:00 am - 4:00 pm</b>	

**Details of students Enrolled for VAC : Mental Health awareness**

<b>SNO</b>	<b>Registration no</b>	<b>Name of the Student</b>	<b>Enrolled</b>
1		GUDURI SUBRAMANYA SUSITA	Yes
2		S SRIJA MILI	Yes
3		K MALLIKA YADAV	Yes
4		JAMMALAMADAKA SRI SAI MAYUKHA	Yes
5		TASLEEM BEGUM	Yes
6		SHAIK AYESHA FATIMA	Yes
7		SURAGANI VENU MADHAVI	Yes
8		BASAWANA RUCHIKA	Yes
9		RAYAPROLU NEEHARIKA	Yes
10		R. TEJESHWARI THAKUR	Yes
11		K AMULYA REDDY	Yes
12		E SRI VYSHNAVI	Yes
13		KAVATI MAMATHA	Yes
14		R ALANKRITA	Yes



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15		THALLA BHANU SAMYKYA	Yes
16		S CLARA GEORGINA	Yes
17		METTU AKANKSHA	Yes
18	22206111001	GUNNAM SAI NISHITHA	Yes
19	22206111002	GURIJALA RAVALI	Yes
20	22206111003	M RAVALI	Yes
21	22204111001	K. LAVANYA	Yes
22	22204111002	SREE PRATHYUSHA SAMAVEDAM	Yes
23	22204111003	T. SRUTI	Yes
24	22200111001	AISHWARIYA SHARMA	Yes
25	22200111002	R SANDHYA REDDY	Yes
26	22200111003	S SRILAKSHMI	Yes
27	22205111001	PALLA MUGDHA REDDY	Yes
28	22205111002	V SPANDANA	Yes
29	22201111001	B. BHAVYA TEJA	Yes
30	22201111002	SARIYA TAZEEN	Yes
31	22201111003	THAKUR ASHWINI SINGH	Yes
32	22203111001	B SUSHMA	Yes
33	22203111002	M HARSHITHA	Yes
34	22203111003	SHRAVYA REDDY KOTTALA	Yes
35	21206111001	G POOJA	Yes
36	21206111002	MADHAMSHETTY VYSHNAVI	Yes
37	21206111003	MOUNIKA GANDLA	Yes
38	21204111001	GUNDLAPALLY ANUSHA	Yes
39	21204111002	NEHA JAIN	Yes

  
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40	21204111003	SABREEN MOHAMMED QAYYUM	Yes
41	21200111001	APOORVA PINNINTI	Yes
42	21200111002	POEGHAL SNEHA	Yes
43	21200111003	NAYAK PRANAVI	Yes
44	21205111001	MUTHYALA SPANDHANA	Yes
45	21205111002	CHINTHALA MANASA	Yes
46	21201111001	EMMADI DIVYA	Yes
47	21201111002	GOLLA SREE MAHITHA	Yes
48	21201111003	PODUPATI PRANAVI	Yes
49	21203111001	EMMADI MOUNIKA	Yes
50	21203111002	MATAM SOWMYA	Yes
51	21203111003	PILLI BHAVANA	Yes

  
VAC Coordinator

  
Principal/Dean

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<b>MENTAL HEALTH AWARENESS</b>	
<b>Course Code : VAC-2403</b>	<b>Year : PG Students</b>
<b>Date : 22nd to 24th April 2024</b>	<b>Total students Enrolled : 51</b>
<b>Venue : Lecture hall-3, MRDCW</b>	
<b>Time : 9:00 am - 4:00 pm</b>	

**Details of students successfully completed VAC: Mental Health awareness**

<b>SNO</b>	<b>Registration no</b>	<b>Name of the Student</b>	<b>Successfully Completed</b>
1		GUDURI SUBRAMANYA SUSITA	YES
2		S SRIJA MILI	YES
3		K MALLIKA YADAV	YES
4		JAMMALAMADAKA SRI SAI MAYUKHA	YES
5		TASLEEM BEGUM	YES
6		SHAIK AYESHA FATIMA	YES
7		SURAGANI VENU MADHAVI	YES
8		BASAWANA RUCHIKA	YES
9		RAYAPROLU NEEHARIKA	YES
10		R. TEJESHWARI THAKUR	YES
11		K AMULYA REDDY	NO
12		E SRI VYSHNAVI	YES
13		KAVATI MAMATHA	YES



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14		R ALANKRITA	YES
15		THALLA BHANU SAMYKYA	YES
16		S CLARA GEORGINA	YES
17		METTU AKANKSHA	YES
18	22206111001	GUNNAM SAI NISHITHA	YES
19	22206111002	GURIJALA RAVALI	YES
20	22206111003	M RAVALI	YES
21	22204111001	K. LAVANYA	YES
22	22204111002	SREE PRATHYUSHA SAMAVEDAM	YES
23	22204111003	T. SRUTI	YES
24	22200111001	AISHWARIYA SHARMA	NO
25	22200111002	R SANDHYA REDDY	YES
26	22200111003	S SRILAKSHMI	YES
27	22205111001	PALLA MUGDHA REDDY	YES
28	22205111002	V SPANDANA	YES
29	22201111001	B. BHAVYA TEJA	YES
30	22201111002	SARIYA TAZEEN	YES
31	22201111003	THAKUR ASHWINI SINGH	YES
32	22203111001	B SUSHMA	YES
33	22203111002	M HARSHITHA	YES
34	22203111003	SHRAVYA REDDY KOTTALA	YES
35	21206111001	G POOJA	YES
36	21206111002	MADHAMSHETTY VYSHNAVI	YES
37	21206111003	MOUNIKA GANDLA	YES
38	21204111001	GUNDLAPALLY ANUSHA	YES
39	21204111002	NEHA JAIN	YES
40	21204111003	SABREEN MOHAMMED QAYYUM	YES
41	21200111001	APOORVA PINNINTI	YES
42	21200111002	POEGHAL SNEHA	YES
43	21200111003	NAYAK PRANAVI	YES
44	21205111001	MUTHYALA SPANDHANA	NO

  
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45	21205111002	CHINTHALA MANASA	YES
46	21201111001	EMMADI DIVYA	YES
47	21201111002	GOLLA SREE MAHITHA	YES
48	21201111003	PODUPATI PRANAVI	YES
49	21203111001	EMMADI MOUNIKA	YES
50	21203111002	MATAM SOWMYA	YES
51	21203111003	PILLI BHAVANA	YES

  
VAC Coordinator

  
Principal/Dean

Principal / Dean  
Malla Reddy Dental College for Women





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Suraram 'X' Road, Quthbullapur (M), Jedimatta, Hyderabad- 500055

**CERTIFICATE OF APPRECIATION**

This is to certify that Ms. GUNNAM SAI  
NISHITHA, PG student of MDS, bearing Roll no:  
22206111001, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Saritha*

COORDINATOR



*B. V. S.*

Principal / DEAN

Malla Reddy Dental College for Women

Course Code : VAC-2403





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Suraram 'X' Road, Quthbullapur (M), Jedimattla, Hyderabad- 500055

## CERTIFICATE OF APPRECIATION

This is to certify that Ms. GUDURI SUBRAMANYA  
SUSITA, PG student of MDS, has successfully  
completed the Value Added Course- "MENTAL  
HEALTH AWARENESS" conducted in the institute  
from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

COORDINATOR



*B.W.*

Principal / Dean

Malla Reddy Dental College for Women

*B.W.*

Course Code : VAC-2403



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Suraram 'X' Road, Quthbullapur (M), Jedimatlā, Hyderabad- 500055

## CERTIFICATE OF APPRECIATION

This is to certify that Ms. MATAM SOWMYA, PG student of MDS, bearing Roll no: 21203111002, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS "** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024



COORDINATOR





Principal / PRINCIPAL/ DEAN

Malla Reddy Dental College for Women

Course Code : VAC-2403





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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. EMMADI MOUNIKA, PG student of MDS, bearing Roll no: 21203111001, has successfully completed the **Value Added** Course- **"MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

COORDINATOR

*B.M.*

Principal / Dean

Malla Reddy Dental College  
PRINCIPAL/ DEAN



Course Code : VAC-2403



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Suraram 'X' Road, Quthbullapur (M), Jedimatlā, Hyderabad- 500055

# CERTIFICATE OF APPRECIATION

This is to certify that Ms. PODUPATI PRANAVI, PG student of MDS, bearing Roll no: 21201111003, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS "** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

COORDINATOR



*P.V.*

Principal / PRINCIPAL/ DEAN

Malla Reddy Dental College for Women

Course Code : VAC-2403





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Suraram 'X' Road, Quthbullapur (M), Jedimatlā, Hyderabad- 500055

# CERTIFICATE OF APPRECIATION

This is to certify that Ms. GOLLA SREE MAHITHA,  
PG student of MDS, bearing Roll no:  
21201111002, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Saritha*

COORDINATOR

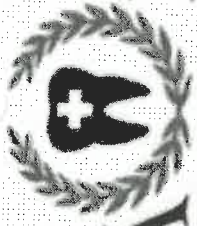


*B. V. L.*

Principal / DEAN

Malla Reddy Dental College for Women

Course Code : VAC-2403



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Suraram 'X' Road, Quthbullapur (M), Jedimatla, Hyderabad- 500055

## CERTIFICATE OF APPRECIATION

This is to certify that Ms. EMMADI DIVYA, PG student of MDS, bearing Roll no: 21201111001, has successfully completed the Value Added Course- "MENTAL HEALTH AWARENESS" conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Saritha*

COORDINATOR



*P.V.*

Principal / Dean

PRINCIPAL/ DEAN

Malla Reddy Dental College for Women

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Suraram 'X' Road, Quthbullapur (M), Jedimatia, Hyderabad- 500055

# CERTIFICATE OF APPRECIATION

This is to certify that Ms. CHINTHALA MANASA ,  
PG student of MDS, bearing Roll no:  
21205111002, has successfully completed the

**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Saritha*

COORDINATOR



*Bul*

Principal / Dean

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. MUTHYALA SPANDHANA, PG student of MDS, bearing Roll no: 21205111001, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from **22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024**

*G. Santhosh*

COORDINATOR



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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. NAYAK PRANAVI, PG student of MDS, bearing Roll no: 21200111003, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS "** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

COORDINATOR



*BVL*

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. POEGHAL SNEHA, PG student of MDS, bearing Roll no: 21200111002, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

COORDINATOR



*Bur*

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Principal / Dean

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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. APOORVA PINNINTI, PG student of MDS, bearing Roll no: 21200111001, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS "** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

COORDINATOR



*Bul*

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Principal / Dean

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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. SABREEN MOHAMMED  
QAYYUM, PG student of MDS, bearing Roll no:  
21204111003, has successfully completed the

**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024



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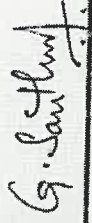
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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. NEHA JAIN, PG student of MDS, bearing Roll no: 21204111002, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024



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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. GUNDLAPALLY ANUSHA,  
PG student of MDS, bearing Roll no:

**21204111001, has successfully completed the  
Value Added Course- "MENTAL HEALTH  
AWARENESS" conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024**

  
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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. MOUNIKA GANDLA, PG student of MDS, bearing Roll no: 21206111003, has successfully completed the **Value Added** Course- "**MENTAL HEALTH AWARENESS**" conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Saritha*

COORDINATOR



*Prin*

Principal / Dean

PRINCIPAL/ DEAN

*Prin*

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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. MADHAMSHETTY  
VYSHNAVI, PG student of MDS, bearing Roll no:  
21206111002, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

COORDINATOR



*BUR*

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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. G POOJA, PG student of  
MDS, bearing Roll no: 21206111001, has  
successfully completed the **Value Added Course-**  
**“MENTAL HEALTH AWARENESS”** conducted in  
the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April  
2024

*G. Santosh*

COORDINATOR



*B. B. B.*

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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. SHRAVYA REDDY  
KOTTALA, PG student of MDS, bearing Roll no:  
22203111003, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Senthil*

COORDINATOR



*B. V. V.*

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**CERTIFICATE OF APPRECIATION**

This is to certify that Ms. M HARSHITHA, PG student of MDS, bearing Roll no: 22203111002, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

COORDINATOR



*Prin*

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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. B SUSHMA, PG student of MDS, bearing Roll no: 22203111001, has successfully completed the Value Added Course- **"MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sathya*

COORDINATOR



*Bul*

*Bul*

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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. THAKUR ASHWINI  
SINGH, PG student of MDS, bearing Roll no:  
22201111003, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Senthil*

COORDINATOR



*B.M.*

*B.M.*

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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. SARIYA TAZEEN, PG student of MDS, bearing Roll no: 22201111002, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Saritha*

COORDINATOR



*Prin*

*Prin*

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. B. BHAVYA TEJA, PG student of MDS, bearing Roll no: 22201111001, has successfully completed the **Value Added** Course- **“MENTAL HEALTH AWARENESS ”** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sainthya*

COORDINATOR



*B. B.*

Principal / Dean

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. V SPANDANA, PG student of MDS, bearing Roll no: 22205111002, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

COORDINATOR



*B. S.*

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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. PALLA MUGDHA  
REDDY, PG student of MDS, bearing Roll no:  
22205111001, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Saritha*

COORDINATOR

*B. V. S.*

*B. V. S.*



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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. S SRILAKSHMI, PG student of MDS, bearing Roll no: 22200111003, has successfully completed the **Value Added** Course- **"MENTAL HEALTH AWARENESS "** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

COORDINATOR



*B. V. S.*

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. R SANDHYA REDDY, PG student of MDS, bearing Roll no: 22200111002, has successfully completed the **Value Added** Course- **"MENTAL HEALTH AWARENESS "** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

COORDINATOR



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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. T. SRUTI, PG student of  
MDS, bearing Roll no: 22204111003, has  
successfully completed the **Value Added Course-**  
**"MENTAL HEALTH AWARENESS"** conducted in  
the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April  
2024

*G. Santhosh*

COORDINATOR

*B. V. S.*

*B. V. S.*



Principal / Dean  
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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. SREE PRATHYUSHA SAMAVEDAM, PG student of MDS, bearing Roll no: 22204111002, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from **22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024**

*G. Santhini*

COORDINATOR



*Bud*

*Bud*

Principal / Dean PRINCIPAL/ DEAN  
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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. K. LAVANYA, PG student of MDS, bearing Roll no: 22204111001, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sathya*

COORDINATOR



*B. S.*

Principal / Dean

PRINCIPAL/ DEAN

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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. M RAVALI, PG student of MDS, bearing Roll no: 22206111003, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Senthil*

COORDINATOR



*B. U.*

Principal / Dean **PRINCIPAL/ DEAN**

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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. GURIJALA RAVALI, PG student of MDS, bearing Roll no: 22206111002, has successfully completed the Value Added Course- "MENTAL HEALTH AWARENESS" conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Senthil*

COORDINATOR



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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. GUNNAM SAI  
NISHITHA, PG student of MDS, bearing Roll no:  
22206111001, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from  
22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

COORDINATOR



*Bue*

Principal / Dean

PRINCIPAL/ DEAN

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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. PILLI BHAVANA, PG student of MDS, bearing Roll no: 21203111003, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Senthil*

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**CERTIFICATE OF APPRECIATION**

This is to certify that Ms. S CLARA GEORGINA, PG student of MDS, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Senthil*

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. THALLA BHANU  
SAMYKYA, PG student of MDS, has successfully  
completed the **Value Added Course- "MENTAL  
HEALTH AWARENESS"** conducted in the institute  
from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. R ALANKRITA, PG  
student of MDS, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from

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*G. Santhosh*

COORDINATOR



*B. B.*

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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. KAVATI MAMATHA, PG student of MDS, has successfully completed the **Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

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*B. S.*

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. E SRI VYSHNAVI, PG  
student of MDS, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

COORDINATOR



*B. V. S.*

Principal / Dean

PRINCIPAL/ DEAN

Malla Reddy Dental College for Women

Course Code : VAC-2403





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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. R. TEJESHWARI  
THAKUR, PG student of MDS, has successfully  
completed the **Value Added Course- "MENTAL  
HEALTH AWARENESS"** conducted in the institute  
from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

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*Bud*

Principal / Dean

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**CERTIFICATE OF APPRECIATION**

This is to certify that Ms. RAYAPROLU  
NEEHARIKA, PG student of MDS, has successfully  
completed the **Value Added Course- "MENTAL  
HEALTH AWARENESS"** conducted in the institute  
from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sathya*

COORDINATOR



*B. S.*

Principal / Dea**PR**INCIPAL/ DEAN  
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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. BASAWANA RUCHIKA,  
PG student of MDS, has successfully completed  
the **Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

COORDINATOR



*B. S.*

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. SURAGANI VENU  
MADHAVI, PG student of MDS, has successfully  
completed the **Value Added Course- "MENTAL  
HEALTH AWARENESS"** conducted in the institute  
from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sathya*

COORDINATOR



*B. S.*

PRINCIPAL/ DEAN

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. SHAIK AYESHA FATIMA,  
PG student of MDS, has successfully completed  
the **Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Saritha*

COORDINATOR



*BUR*

Principal / Dear PRINCIPAL/ DEAN

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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. TASLEEM BEGUM, PG student of MDS, has successfully completed the

**Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sathya*

COORDINATOR



*Bue*

Principal / Dean

PRINCIPAL/ DEAN

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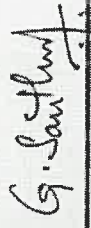
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# CERTIFICATE OF APPRECIATION

This is to certify that Ms. JAMMALAMADAKA SRI  
SAI MAYUKHA, PG student of MDS, has  
successfully completed the Value Added Course-  
“**MENTAL HEALTH AWARENESS**” conducted in  
the institute from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April  
2024



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## CERTIFICATE OF APPRECIATION

This is to certify that Ms. K MALLIKA YADAV, PG  
student of MDS, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhosh*

COORDINATOR



*B. S.*

PRINCIPAL/ DEAN

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. S SRIJA MILLI, PG  
student of MDS, has successfully completed the  
**Value Added Course- "MENTAL HEALTH  
AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santhya*

COORDINATOR



*B. B.*

Principal / Dean

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. GUDURI SUBRAMANYA  
SUSITA, PG student of MDS, has successfully  
completed the **Value Added Course- "MENTAL  
HEALTH AWARENESS"** conducted in the institute  
from 22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Santosh*

COORDINATOR



*B. S.*

PRINCIPAL / DEAN

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# **CERTIFICATE OF APPRECIATION**

This is to certify that Ms. METTU AKANKSHA, PG student of MDS, has successfully completed the

**Value Added Course- "MENTAL HEALTH AWARENESS"** conducted in the institute from

22<sup>nd</sup> April 2024 to 24<sup>th</sup> April 2024

*G. Sankar*

COORDINATOR



*Bus*

PRINCIPAL/ DEAN

Principal / Dean  
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<b>Feedback analysis of students on VALUE ADDED COURSES</b>							
<b>Academic Year : 2023-2024</b>				<b>Year: Post Graduates</b>			
<b>Name of the VAC:MENTAL HEALTH AWARENESS PROGRAM</b>							
<b>Course Code:VAC-2403</b>				<b>Students Registered:</b>		<b>51</b>	
<b>Students feedback on curriculum collected and analyzed, on the scale of 1 to 5 for each of the following parameters.</b>							
<b>1- strongly Disagree, 2- Disagree, 3- Uncertain, 4- Agree, 5- Strongly Agree</b>							
Sl. No	Attributes	5	4	3	2	1	Average Score
1	Value added course was relevant to me	35	14	2			4.65
2	Content was organised and easy to follow	38	10	3			4.69
3	The objectives of value added course were clearly defined	33	12	4	2		4.49
4	The participation and interaction were encouraged	35	11	5			4.59
5	Course experience will be useful in my work	32	15	3	1		4.53
6	The resource person was knowledgeable about the topic	31	18	2			4.57
7	The time allotted for the course is sufficient	29	17	5			4.47
8	Overall rating of the course	37	11	3			4.67

**Suggestions: Interactive session was beneficial**

  
Feedback Coordinator

  
IQAC Dean

  
Dean/Principal

Principal / Dean  
Malla Reddy Dental College for Women

